Switching Canoes Mid-Stream: Let's Rock the Boat!

Post-Test

1. Which of the following a common reason for changing jobs?
   a. Downsizing or restructuring
   b. Pregnancy
   c. Bought a new house

2. Select the statement that represents a SMART short-term goal.
   a. Ask for a raise
   b. Apply for two positions every week for the next two months
   c. Increase my salary by 10% within 5 years

3. Select the statement that represents a SMART long-term goal.
   a. Triple my salary within 6 months
   b. Acquire two certificates or credentials within 18 months
   c. Find one way to enjoy my work more every week

4. Select the answer that includes three alternative routes to career change
   a. Residency, answering job announcements, moonlighting
   b. Residency, certificate program, moonlighting
   c. Residency, certificate program, taking six months off

5. You decide to moonlight. What is an important step to take before you seek part-time employment?
   a. Check your current job's policy on moonlighting
   b. Think outside the box and look for jobs that interest you
   c. Ask if the place you want to work takes volunteers

6. Which of the following is NOT a reason an individual who is seeking a career change moonlight or volunteer?
   a. Try a new practice setting
   b. Get his or her foot in the door
   c. Reduce his or her weekly time commitments

7. How does a skills-based resume differ from a traditional resume?
   a. A traditional resume highlights experience; a skills-based resume highlights skills that are transferrable to new (desired) positions
   b. A skills-based resume highlights experience; a traditional resume highlights skills that are transferrable to new (desired) positions
   c. A traditional resume highlights education; a skills-based resume highlights skills that apply to traditional positions

8. You want to change careers. Which of the following do you need?
   a. A plan
   b. A vision
   c. A positive attitude
   d. All of the above
9. What is a reasonable way to keep moving toward your career change goal?
   a. Don't sacrifice too much—finding a new position is easy
   b. Make up your mind to change careers; a job will come
   c. Put a reminder on your calendar and assess your progress often

10. Pharmacists can and do make mid-career changes. Opportunities exist in community, hospital, insurance, forensics, diabetes education, sales, information technology, writing, veterinary medicine, compounding and many other fields. Pharmacists who wish to change careers must assess their skills; acquire new skills needed in the new field; approach job-seeking as if it is a part-time job itself; be receptive to opportunity; network; set SMART goals; and stay positive and optimistic.
   a. True
   b. False